



Patient Registration and Insurance Information

Name: _____ D.O.B. ____/____/____ SS# ____-____-____

Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: _____ Secondary Phone: _____

Email Address: _____ decline to report

In which language do you communicate? _____

How do you prefer to be contacted? Home phone Cell phone Patient Portal standard mail

Marital Status: married domestic partner single divorced separated widowed unknown

In case of an EMERGENCY we have permission to contact Name: _____

Number: _____

Preferred Pharmacy: _____ Preferred Imaging Facility: _____

We are required by law to ask which RACE and what ETHNICITY best describes you (you may decline to report). Please choose one in each of the following categories

- RACE:**
- American Indian or Alaska Native
 - Asian
 - Black or African American
 - Native Hawaiian or Pacific Islander
 - White
 - Other _____
 - Decline to report

- ETHNICITY**
- Hispanic or Latina
 - Not Hispanic or Latina
 - Other _____
 - Decline to report

PLEASE COMPLETE ALL INSURANCE INFORMATION

If you do NOT have insurance, check here _____

Insurance Co. _____ Name of insured _____

Policy holder's date of birth: _____ Relationship _____



Office Policies

- 1. The doctors, nurse midwives and nurse practitioners at OBGyn Associates have the goal of providing you the most thoughtful and innovative care possible. While our practice might seem large we keep your care personal. For gynecology care you will see one provider for all of your needs. For pregnancy we take a team approach and your visits will rotate among our providers. We have established practice protocols that allow us to all stay “on the same page” for your care while giving you our unique perspectives. We will rotate your visits through all the physicians (both male and female) or the nurse-practitioners in order to facilitate us all getting to know you.**
- 2. Your co-pay is due at the time of service. You are responsible for any insurance deductible amounts.**
- 3. If your insurance requires a referral or authorization, it is your responsibility to obtain it.**
- 4. Your insurance company has contracted with a lab for any blood work, pap smears or biopsies. You should know which lab to visit for blood work. We will make every attempt to send any specimens to the correct lab. Our office does not bill for outside lab work; the lab company will bill you for any labs, pap smears or biopsies.**
- 5. Our office has a \$50.00 NO SHOW FEE for an office visit and \$200.00 NO SHOW FEE for an office procedure. ANY CANCELLATION REQUIRES A 24 HOUR NOTICE.**
- 6. Balances older than 90 days are turned over to a Collection Agency and a collection fee will be added to your balance.**
- 7. FMLA paperwork Fee \$25 for the initial set and \$10 for any additional sets.**

Signature: _____

Date: _____



O B G Y N
A S S O C I A T E S
S T . A U G U S T I N E

1							
2							
3							
4							
5							
6							



FAMILY HISTORY

	Diseases/Complications	If deceased, at what age?
Mother		
Father		
Sister(s)		
Brother(s)		
Maternal Grandmother		
Maternal Grandfather		
Paternal Grandmother		
Paternal Grandfather		
Other		

SOCIAL HISTORY

Are you a cigarette/cigar smoker/vape? Y N Cig/day_____ Years of use _____ Are you ready to quit? Y N

Alcohol intake: (check one) never occasionally daily

Have you had any days of heavy alcohol consumption since your last menstrual period? Y N

Do you have a current or past history of drug use (including misuse of prescription medications)? Y N

Caffeine: Y N amount/day: _____

Exercise level: (check one) never occasionally moderate heavy

Diet: (check one) Vegan Vegetarian Gluten Free Diabetic No Restrictions

Marital Status: married domestic partner single divorced separated widowed unknown

If you are in a relationship, how long have you been with your current partner? _____

Have you ever felt threatened or unsafe in a relationship? Y N Past relationship Current relationship

Education Level: (check one) High School 2yr College 4yr College Post Graduate

Occupation: _____

Have you (or your partner) traveled to a zika-affected area in the past 12 months? Y N

Is a blood transfusion acceptable in an emergency? Y N

SURGICAL HISTORY

Name of Surgery	Date of Surgery



MEDICAL HISTORY (Please describe any medical conditions that apply to you)

- | | |
|--|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Cancer_____ | <input type="checkbox"/> Y <input type="checkbox"/> N History of Chicken Pox_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Heart Disease_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Migraines_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Hypertension_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Seizures/Epilepsy_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Dermatology_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Bone Fractures as an Adult_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Diabetes/Gestational Diabetes_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Depression/Anxiety/Psychiatric Disorder_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Thyroid Problems_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Asthma_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Abdominal Digestive Problems_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Autoimmune Disorder_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Liver Disease_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Urology_____ |
| <input type="checkbox"/> Y <input type="checkbox"/> N Blood Clots/Bleeding Disorder_____ | <input type="checkbox"/> Y <input type="checkbox"/> N Weight Management_____ |

Other :

4/3/17

Drs. Pulsfus, Searle, Jago, Needham, Kaplan and certified nurse-midwives Elizabeth Meadows and Elizabeth Arnett have furnished information prepared by the Florida Birth-Related Neurological Injury Compensation Association. I understand that the practitioners of OBGYN Associates of St. Augustine participate in this program, which provides certain limited compensation in the event neurological injuries occur during the birth of your infant.

For specifics on the program, I understand I can contact the Florida Birth Related Neurological Injury Compensation Association (NICA) at the following address and phone number:

Lynn Dickinson, Executive Director
P.O. Box 14567
Tallahassee, FL 32317-4567
(904)488-8191 or 800-398-2129

I further acknowledge I have received a copy of the brochure prepared by NICA.

Date: _____

Signature: _____

Print your name: _____



Nurse or Physician: _____ Date: _____

Options for Prenatal Screening

Three prenatal lab tests, HIV, Drug Testing and Cystic Fibrosis Screening are recommended but optional during pregnancy. Your provider encourages you to have all of these tests done so that we can ensure the best outcome for your pregnancy.

HIV: Federal law requires we tell you the following:

- * Most pregnant women who are HIV positive have no symptoms
- * If you are HIV positive, treatment during pregnancy greatly reduces the risk that your baby will be HIV positive.
- * Early detection of HIV greatly increases your chance of a healthy life.
- * The initial screening test has rare false positive results; there are additional tests that can confirm the diagnosis.
- * If you test positive for HIV, we must report your name to the Florida Health Department.
- * Everyone in our office is committed to complete confidentiality and professionalism.

Consent Decline

Cystic Fibrosis:

- * This is a serious genetic disease in which children are unable to clear secretions in the lungs and other organs.
- * Most pregnant women who carry the gene for cystic fibrosis have no family history and no symptoms.
- * Early detection in infants improves medical care for children with cystic fibrosis.
- * The test does not identify every carrier, but does identify the vast majority of women who may be carriers of the genes associated with cystic fibrosis.
- * The test may not be covered by your insurance or may be applied to your deductible.

Consent Decline Tested in previous pregnancy (circle one) **POSITIVE/NEGATIVE**

Drug Screen:

- * When you are pregnant, it is important that you watch what you put into your body. Consumption of certain drugs, both legal and illegal, can be harmful to your unborn baby.
- * Pregnancy is a unique time to address health issues and for this reason we screen all pregnant women for the presence of drugs that could adversely affect yours and or the baby's health.
- * A positive screen will initiate a conversation with your provider about how the substance effects your pregnancy and potentially a referral for counseling services. This is not a punitive test but rather a chance to identify those who need help during pregnancy.

Consent Decline

I understand the information above and I have asked the nurse or provider if I have any questions regarding this information. I understand that some tests may not be covered by my insurance and or the cost may go towards my deductible.



Print Name _____ Date _____

Signature _____ DOB: _____



Congratulations on your pregnancy and welcome to our practice!

Our goal is to provide excellent obstetric care. We hope to reassure you, to educate you, to challenge you to be your best and to ensure the health of our two patients -- you and your baby.

One important point:

There are NO dumb questions.

Due Date and Timing in Pregnancy

Your due date is determined as 40 completed weeks from your last period. If you are unsure of your last period or have irregular intervals between menstrual cycles, let us know. Ultrasound is often used to confirm or change a due date. It is normal for your baby to arrive anywhere from 37 to 42 weeks.

We will talk about your pregnancy in weeks. Every 13 weeks marks a trimester.

Routine visits are scheduled as follows:

- * Every 4 weeks from 10 to 30 weeks
- * Every 2 weeks from 30 to 36 weeks
- * Every week from 36 weeks to delivery

Prenatal Care

We will discuss all of the following at your office visits; however, it is nice to have something to refer to when questions come up.

1. Nutrition/Health Habits

A good rule during pregnancy is to be yourself, but better. Substitute cottage cheese for that doughnut. Eat your greens. A low-fat, low-sugar diet is best. Stop smoking. We recommend gaining five to ten pounds in the first twenty weeks, then a pound per week for the next twenty weeks. Listen to your body. Eat when you are hungry. If you have a limited diet; for example, vegetarianism, make sure you get enough folic acid, protein and iron.

2. Medications

We have list for you of medications that are safe to use for common ailments. As a general rule limit medications in pregnancy to only those that are necessary.

3. Ultrasound

We generally do an ultrasound in the office in the first trimester to confirm your due date. A second ultrasound is done at 21 weeks to look at the baby's anatomy. You can choose to do a GENDER ultrasound at 16-18 weeks and/or a 3-D ultrasound in the third trimester which gives you a sneak peek at what your baby looks like. These two optional ultrasounds are not covered by insurance. We also recommend an ultrasound early in the 3rd trimester to assess your baby's growth.



4. When to call the office: (Call 904-819-1500 day or night)

- Temperature higher than 101 degrees and/or chills
- Nausea and vomiting such that you haven't been able to keep fluids down for 24 hours or more
- Vaginal bleeding
- Marked decrease in the baby's movements (after 24 weeks)
- Severe abdominal pain
- Burning with urination

If you have a non-acute problem or question, please avoid Monday mornings as the phone lines are very busy then. Non urgent questions can also be addressed by sending us a message through your patient portal.

5. Insurance

As you may know, there are two types of insurance plans. PPO plans allow you to see a provider without a referral from a primary care provider. HMOs usually require a referral. You are responsible to know whether your plan requires that you see your primary care provider first and if you must pay a co-pay.

If we are a participating practice in your insurance plan (PPO or HMO), we will be happy to file insurance claims for you as a courtesy. The front office can tell you if we participate with your insurance plan.

If you have any billing questions, call Tracy or Lawanda directly at 904-819-1500.

For more information about our practice and other helpful medical information, please visit our websites at www.obgynstaugustine.com or www.staugustinemidwife.com



APPROVED OVER THE COUNTER MEDICATIONS IN PREGNANCY

In general, the fewer medications in pregnancy, the better. However these medications have not been found to have any fetal effects if taken **after** 13 weeks gestation. Store brand versions of these medications are fine.

Headache, body ache, low-grade fever – Tylenol or Extra-Strength Tylenol (acetaminophen)

Allergies – Benadryl, Claritin, Zyrtec, Flonase

Colds – Sudafed, Tylenol Cold & Sinus, Dimetapp

Cough – Robitussin or Robitussin DM (use sugar-free if diabetic)

Constipation – Increase fluid intake, use glycerin suppositories and stool softeners such as Colace or Miralax regularly. If you are less than 20 weeks pregnant, an enema is safe for severe constipation. Increase fiber through diet or a supplement such as Benefiber or Metamucil.

Diarrhea – Imodium AD or Kaopectate

Gas – Maalox Plus, Mylanta II, Mylicon

Heartburn – Maalox, Mylanta, Zantac, Pepcid AC, Tums, Rolaids

Hemorrhoids – Anusol, Preparation-H, witch hazel pads, Tucks, ice packs

Nausea – Emetrol, ginger, peppermint or lemon

Sore Throat – Chloraseptic spray or lozenges, Cepacol lozenges, warm salt water gargle

Tooth pain – Extra-Strength Tylenol

Yeast infections – Monistat 7 day (suppositories or cream)

Vaccinations – **Flu shots** in pregnancy are safe and encouraged as this is not a live virus. **PPD testing** for tuberculosis (TB test), **Hepatitis vaccinations**, and **D-TAP vaccine** are also safe.

Do not take Ibuprofen, Aleve, Advil, Motrin or any medication with the description NSAID



3/D FETAL PORTRAITS

Our doctors and midwives are proud to offer state-of-the-art, 3D/4D ultrasound services to our obstetric patients. This scan does NOT replace your regular prenatal medically indicated ultrasound.

3D/4D ultrasound imaging provides expectant parents the opportunity to see their baby for the first time like no other ultrasound technology allows. Expectant parents can share the photos with family and friends at baby showers and other family gatherings. The photos make great additions to your baby book, and the images can easily be shared via e-mail or the internet. In addition to images captured for you to keep, we provide you the opportunity to see your baby in real-time 4D.

The package includes a full motion DVD, CD, and multiple still images both in black and white and color for \$200.00. This ultrasound is strictly a NON-CLINICAL ultrasound scan and is not reimbursed by insurance companies. Unlike medically indicated ultrasounds, no fetal measurements or clinical evaluations are performed during this examination. The preferred gestational age for the 3D/4D pictures is between 28-32 weeks. At this stage of your pregnancy, amniotic fluid levels are optimal and the fetus has adequate body fat and tissue.

Our sonographer is ARDMS certified. She also performs all of our obstetrical and gynecological ultrasounds and will, therefore, be familiar with you. These ultrasounds are performed only at our St. Augustine office.